

LITTLE SISTERS OF THE POOR

*Serving the elderly poor
in Cincinnati since 1868.*

Fall, 2017
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ST. PAUL'S HOME
476 Riddle Road
Cincinnati, Ohio 45220
513-281-8001



Residents enjoying the updated garden grotto.

ST. PAUL'S HOME



SAVE THE DATE

Christmas Boutique
November 10–11, 2017

Giving Tuesday
November 28, 2017

Rock-a-Thon
March 3, 2018

Legacy Dinner
April 12, 2018

Spaghetti Dinner
June 23, 2018

- Home Improvement Projects – many exterior doors have been replaced. After over thirty years of use many of these large doors were rusting and wearing down no longer providing the necessary insulation and security needed.
- Fire Alarm System Upgrade – the fire panel was replaced and updated to provide the building with better updates in the event of a fire.
- Bed Replacement Project – we were able to purchase some new “low bed” hospital beds to make it easier for some Residents to get in and out of bed. These are in addition to the thirty beds we replaced last year to make sure Residents remain safe.

We might say it too much or we might not say it enough, but we would not be here if it were not for you! Yes, you. The volunteer, the family member, the donor, the benefactor, the advocate of St. Paul's Home. Your time, donations, and overall dedication to the elderly have provided us with the opportunity to improve the lives of our Residents. We have been able to update many small building projects throughout the year as well as provide new opportunities for our Residents.

Here are just a few examples of the projects you made possible this year:

- Parking Lot Repairs – we were able to fill in and repair the asphalt parking lot along with some of our sidewalks and curbing.
- Security Upgrades – we were also able to install new security pads on our stairwells to secure access to the stairs and ensure the safety of Residents.
- Library Update – the flooring of the Resident library was replaced. The room transformed from carpet to wood flooring to make it easier for Residents to navigate the shelves of books and magazines.
- Our Lady of Fatima Garden Grotto – the statues and garden area was refurbished this year in honor of the 100th anniversary of the Fatima apparitions. Residents have been able to walk to the grotto area and enjoy the peaceful ambiance of the garden.

You have made all these upgrades and many more possible throughout the year. Some or more glamorous than others, but all were necessary for the Residents to enjoy their Home and feel safe and secure like we all do in our homes. Thank you for your support and know we are not finished yet! See on the back page how you can join the Power Team for 2018.



Residents in the Library with the new floor.

LITTLE SISTERS OF THE POOR



Resident Mary Ann Schneider reading her poem to Sister Mary Imelda during her celebration.

50 Years of Service Our Love for Sr. Mary Imelda

Sr. Mary Imelda celebrated her golden jubilee, October 7 with family and friends in attendance. The celebration commemorated Sister's fifty years of consecrated life and service as a Little Sister of the Poor. The auditorium was set with gold and white and many Little Sisters from nearby homes came to help celebrate her wonderful commitment to the elderly. St. Paul's Home is blessed to have Sr. Mary Imelda as part of the family here in Cincinnati. Some of our staff and Residents shared their appreciation for Sr. Mary Imelda:

When I first met her I was impressed. She represents something special. Her cooking is wonderful, especially her baked goods. Overall she is such a charming person. ~ Marjorie Welage, 3rd Floor Resident

We love her! You can tell she cares a great deal about the Residents and she is very attentive to their needs. She also cares about us, I know if I have a problem I can call her and she will take the time to listen. I really also wish she could be my personal cook at home! ~ Tracy Jones, 3rd Floor Resident Aide

Sr. Mary Imelda is a hoot! She is a great cook and helps tremendously throughout the months leading up to the Spaghetti Supper. Her smile is infectious and I am grateful that I have been able to work with her. I like to sneak in the kitchen to convince her to let me try a cookie, just to make sure it tastes okay to give out! ~ Sarah Steffen, Community Relations Coordinator

She is the most wonderful person I have ever met. She is always willing to do anything you ask of her. ~ Rita Vogt, 3rd Floor Resident

She gets on my nerves! Kidding, I love her. She is stern but for a good reason. She wants the Residents to get the best care possible and she holds us to this standard. She understands and she is not judgmental,

she will listen to all sides and work out any issues that arise. One thing for sure is we don't want to call off because we don't want to have to explain anything to Sister! We all have a lot of love for Sister and I would like to also point out that she is pretty funny! ~ Alisha Carr, 3rd Floor Resident Aide

I have nothing but good things to say about Sr. Mary Imelda. She is a saint because she puts up with me daily. I look forward to seeing her every day and listen to her words of wisdom. She is always there when you need her. ~ Kate Denier, 3rd Floor Resident



Sr. Mary Imelda with all her siblings at her celebration. God bless those who have passed.

Sr. Mary Imelda: Her Story

Sr. Mary Imelda was born and raised in Juarez, Chihuahua in northern Mexico alongside her eleven siblings. She moved to El Paso when she was two years old and then Colorado, finally settling in California at age seven. California is where she was introduced to the Little Sisters through her school when she was thirteen.

"I decided to enter into service because of my great love for the Residents. I decided that I wanted to become a Little Sister after spending time at the Home in Los Angeles and seeing and experiencing the great care the Residents received at the home run by the Little Sisters. I have so many blessings in my life, but I give credit to my wonderful parents who instilled such a great faith in

me and helped shape me into the person I am today. Our Residents also give me great strength and joy. I know that this was the best choice for me in my life to follow Christ and help those in need."

For those who might not know, Sr. Mary Imelda is a great cook. She is the one behind our spaghetti sauce and homemade meatballs at our annual Spaghetti Supper in June and she is the famous baker for our now annual Bake Sale during Mother's Day weekend. We are



grateful to have her here at St. Paul's Home with her humbling spirit, infectious smile, and of course her cooking!

Love through Food

Department Highlight: Kitchen



The cooking Dream Team.

Mike, Linda, Tay, Tirone, Mark, Terry, and Norma, just ordinary names to the unsuspecting ear, but to most here these names matter. These seven individuals come together to make a cooking dream team. All chefs at St. Paul's Home work day and night to cook fantastic meals for close to 80 Residents daily.

Not only do they cook three meals a day but the home relies on their expertise for special events, guest meals, and other small festivities when extra food is needed. You can thank the cooks for their tremendous efforts during our yearly Spaghetti Supper. They cook for the Residents daily as well as help Sr. Mary Imelda prepare for the 500 meals we serve for that event!

When you walk in the kitchen you can feel the family spirit of the cooks who work together quite well. They care deeply for the Residents and their job, Terry saying how special it is to "enrich the lives of our Residents through great food and great hospitality."

Cooking for more than fifty people can be challenging. This team delivers above average meals every day. "As an employee, I would love to eat here every

day. Every time I walk downstairs and smell what is cooking I think of how lucky our Residents are to have such great cooks! On the occasions I have had an opportunity to eat what our Kitchen makes, I do it without hesitation," says Sarah Steffen, the Community Relations Coordinator.

Our chefs range in ability and some have been here longer than others. Linda has been here for 15 years and most recently her daughter, Tay, joined the cooking staff about a year ago. Everyone has their specialty, the Dietary Manager, Terry is known for "mouthwatering, gooey" brownies and his personal pepperoni lasagna. Chef Mike's specialty is a "better than Kroger's," salad bar with all the toppings made for the BEST salad as well as fruit, pasta, and veggie options for the non-salad eaters. Mark makes homemade pizza, with his own special sauce and Tirone is a whiz with Chicken Florentine.

Our cooking staff is a blessing for this home. We can't thank our cooks enough and we wish we could cook a meal for them for a change, but to be honest, it probably would not be as good!

From Employee to Resident

Story of Resident JoAnn Zurlinden

My dad came to live here in 1994, so I have had a strong respect for the home and how well they cared for my dad at the end of his life. I started working here in 1995 as a nursing assistant but soon transferred to the Activity Department. Darsey Anstadt was the Activity Director at the time. I really like doing activities; I know how hard our activity ladies work. It is a physically demanding job.

We used to take Residents to River Downs once a year for the races. We took Residents on a river boat ride. We had six wheelchairs and three people to push the chairs. It was really hard getting down the public landing to the boat and back again. Even though it was hard work, it was worth it. Oh, and did I mention I was 58 years old when I started working here?

I retired at 68 years old but continued to volunteer until I was diagnosed with cancer. I spent seven and a half weeks in the hospital and another three and a half months at my son's house. The Sisters invited me to stay here until I recovered but I soon realized I could not go back home.

And so, here I am and I could not be happier. I go to Mass daily and I have many friends here in the Home. The Sisters are wonderful and the staff are all so very caring. Plus we have many great volunteers. Living at Little Sisters of the Poor is the best.



Resident JoAnn Zurlinden at the 2017 Rock-a-Thon

A Simple Note



Dear Friends,

I have been in Cincinnati for about six months now. I'm still not sure about the Cincinnati chili, but I have witnessed tremendous support from the people of this home!

Throughout my years as a Little Sister I have been blessed to see the outpouring of love and support for the elderly throughout the United States. Cincinnati has shown me the same generosity towards our mission.

Transitioning to a new area with all new staff, Residents, family, visitors and Sisters can be difficult sometimes. I would like to say thank you to everyone for the welcoming atmosphere. The smiles, hugs, and handshakes have made the transition very manageable.

My hope is to continue to meet all you wonderful people in the next half of my first year here.

The Holiday season will soon be upon us and it will be a joy to share in the Spirit of Thanksgiving and Christmas with new people. As these days approach let us remember the mission of St. Jeanne Jugan, to care for those who cannot provide for themselves any longer. Together we can bring the light and joy of the season to all the Residents at St. Paul's Home.

Sincerely,

St. Mary Sylvia, L.S.P.

Mother Mary Sylvia

LITTLE SISTERS OF THE POOR

Visit us at www.littlesistersofthepoorcincinnati.org

Our Needs

Waiting for a Crisis is NOT an Option

Join the Power Team

1975 was a great year: Sony introduced Betamax, BIC launched the first disposable razor and Leisure Suits were the rage. 1975 was also the year St. Paul's Home installed the current back-up emergency power generator.

Appropriate for the time, it saved the Home from darkness providing 30% illumination power, building heat (but no AC), power to the freezers and refrigerators, no computer power and giving power to only one of three elevators.

Even with the 1975 generator operating, a Resident could unexpectedly be stalled in one of the non-powered elevators. Parts for repair are no longer manufactured and the model has been surpassed by models with emergency digital messaging sent directly to appropriate Home personnel.

We hope the Capital Campaign entitled, "Join the Power Team," will enable the purchase and installation of a 600 KW generator, fully powering the whole Home in an emergency with a seamless transition.

The goal of the Power Team is to raise \$500,000. We have 25% raised to date; can we count on you to 'light the way?'

Donor Spotlight

Busken Bakery has been part of our family for many years. We are blessed monthly with treats and goodies to share in occasion with Residents and visitors of St. Paul's Home. We would like to take the time to say thank you to Busken for your support over the years!



Reminders

Upcoming Events

Christmas Boutique - November 10 & 11

Crafts, Décor, Soups, Baked Goods, Gifts. The list could go on and on! Join us again this year for our Annual Christmas Boutique to benefit the Activity Department of the Home. **Credit cards will be accepted this year!**

Giving Tuesday - November 28

Join us for *Giving Tuesday* for a day of giving back. Follow our journey November 28 as we will be talking to Residents, staff, and volunteers about what it means to give back and the Little Sisters of the Poor. See any updates through www.facebook.com/LSPCincinnati.

Visit our website for more details on events: www.littlesistersofthepoorcincinnati.org.

Do you know about Matching Gifts

What is a Matching Gift? Matching Gifts are donations given from your company to match or exceed your donations to your favorite organizations. You can find all the companies that have Matching Gift Programs through a useful website called www.doublethedonation.com. You can also talk to your Human Resources department to find out how you can double or even triple your donation to the Residents here at St. Paul's Home.

Here are some companies we currently receive Matching Gifts from:

General Electric, Prudential, Microsoft, Duke Energy, Macy's, Messer Construction, Illinois Tool Works, US Bank, Schneider Electric, Bank of America, Keurig Green Mountain, and there are many more available. Help us help our Residents and report your donations to your company!