



Flo with her daughter Diane and her husband.

Enjoying a Long Life

Resident Florence “Flo” Wade

Not everyone gets to enjoy life for over 100 years, but Florence Wade has been living her best life at 105 years old. “My mom has a wonderful life and that life continues at the Little Sisters

of the Poor. She receives great care from the staff and she has made so many great friends,” says her daughter, Diane Reder.

We all know her as Flo around here. She moved into St. Paul's Home seven years ago at the age of 98 and she just celebrated her 105th birthday on September 3, 2019. The Mayor of Cincinnati even proclaimed that day as Flo Wade Day in honor of her birthday!

Ask anyone here and they will tell you she loves to play bingo. In fact a special bingo was held in her honor during her birthday celebrations — it was “special” because all the winners received \$1.05. “She was swimming until she moved into our Home, participating in water aerobics and I know she loved to swim,” relates Sr. Katherine. She described Flo as such a sweet woman, always having a smile on her face.

“We have been friends since she moved in,” describes Mary Ann Schneider, another Resident of St. Paul's Home. “She has been a part of my lunch table from the beginning and I would say she is such a wonderful person to be around.” Flo Wade is a beacon of joy for our Home. Her laugh is contagious and very unique. “Her laugh is so distinguishable, you can hear her coming down the hall,” says Mandy Thomas, the Activity Director.

She loves to go out. Go out to eat, go to the casino, or to just go out and spend time with her family. She loves bingo, playing cards with other Residents, and she still volunteers to help with wrapping silverware for events or stuffing envelopes. She has many friends here that love her and we are all so happy to be a part of her life. Happy Belated Birthday Flo! Cheers to more years of bingo, laughter, and more fun!

MISSION

Our mission is to offer the neediest elderly of every race and religion a Home where they will be welcomed as Christ, cared for as family and accompanied with dignity until God calls them to Himself.

Handymen to the Rescue



Tom Ruehl and Jim Cotterell have been volunteering at St. Paul's Home for at least five years. At this point they don't really remember when they started, but they have been coming in every Thursday to help out with small maintenance tasks around the building.

"Tom's mom lived here then and at the time he was asked to help change the lights throughout the building. He then recruited me to help him so he wasn't going up and down the ladder all day," explains Jim on the start of their days at the Home.

They began changing any lights that were out throughout the entire building and at the time they had to catch up, so it took about three months to get back on track. After that they would come in and go around to check lights, but would only change a few a week. Since then we have upgraded to a complete LED lighting system so the light changing has become almost non-existent. Now they handle small jobs like paint touch-ups, small fix-it tasks, or furniture repair.

Jim was a truck-driver and Tom was an auto mechanic. Together they help the maintenance department keep up with the task of caring for a building with nine floors. They both attend St. Bernard Church in Taylor Creek where they met on a work crew in 2009. Today they volunteer here as well as St. Vincent de Paul together.

"Being here weekly, many of the Residents recognize us, but they might not remember our name. We get a lot of 'hey yous,' but we love coming here every week to help where we can!"

Tom and Jim hold a special role in our Home as volunteers. We could not continue our work without volunteers and we are in constant need of new helpers. If you want to know about any available opportunities contact our Volunteer Coordinator, Darla Freeman at the Home.

Love Behind the Scenes

Staff Highlight: Administration

Walking into St. Paul's Home you frequently encounter familiar faces, but there are many people who work "behind the scenes," but might not be as recognizable. Our administrative staff might not be visible, but they still work hard to maintain the "business" side of our Home.

Jenny Nijak is the administrator of St. Paul's Home. She has been here for two years now, beginning as an interim administrator. "I make sure that our Home is run under compliance of State and Federal regulations and I love being here working and getting to know all of the Residents," says Jenny. She has over 25 years of experience and we are lucky to have her here!

Chris Starnes is our bookkeeper, a vital role in keeping the lights and heat on in the building! She handles all bills for the Home and has been with us for a little over two years now. Chris explains her gratitude stating, "I am happy that I found such a great place to work, I have made many new friends

in my fellow co-workers and in the Residents and Sisters of this Home!"

Darla Freeman is the volunteer coordinator/administrative assistant. She handles all volunteers, their training, hours, and placement. She also helps the Sisters with any office tasks that need to be completed. Darla also serves as the receptionist supervisor, making sure we always have someone ready to greet all guests in the building!

Becky Eichler is our resident accounts expert, helping Residents with banking as well as maintaining proper billing procedures for Medicare and Medicaid. She has been with the Little Sisters for over seven years! Some might also know her as the "dog lady" as she brings in her shelties every week to do visits with the Residents.

We are grateful to this administrative team! Together we make a Home where our Residents can flourish. Thank you for the work you do in the back offices of St. Paul's Home!



Jenny, Chris, Darla, and Becky

Thank You for the Past 150 Years



Words cannot express the overwhelming sense of gratitude we feel toward our friends, families, and benefactors for your support! We have been blessed to celebrate 150 years of service to the elderly poor in Cincinnati during this past year. Beginning with a Mass of Celebration at St. Monica



– St. George Parish in October 2018, and ending in August with a Mass of Thanksgiving at our Home, we have been able to celebrate this milestone with all of you.

Thank you for your continued support of our mission to offer the neediest elderly of every race and



religion a Home where they will be welcomed as Christ, cared for as family and accompanied with dignity until God calls them to himself. It is a blessing to be able to continue this work in Cincinnati and we hope you will continue to ride this great wave of charity with us for many years to come.

**“Be kind, especially with the infirm. Love them well ...
Oh yes! Be kind. It is a great grace God is giving you.
In serving the aged, it is he himself whom you are serving.”**

~ Little Sisters of the Poor Foundress, St. Jeanne Jugan

New Activity Bus Thanks to You!

After a long search and months of waiting, we have finally received our brand new activity bus! In 2016 we requested funds for a new activity bus from the Winter Raffle. The idea was to find a bus that was a little bit smaller so that anyone could drive it to and from our monthly outside activities without having to have the required special licensure.

It took a few years but we finally found the right one and the timing could not have been more perfect! Our old bus had started to decline in service, the air conditioner started to give out, and the maintenance upkeep became expensive.

Thank you to Transportation Equipment Sales Co. (TESCO) for the beautiful new bus featuring overhead storage, back-up camera, spacious cabin, and fold up seats for extra wheelchair space. The bus was blessed September 28th by Fr. Dennis Dettenwanger. Thank you so much for helping us in this endeavor!



MOTHER'S MESSAGE



Dear Friends,

As autumn approaches I cannot help but recall the words of Johann Wolfgang Von Goethe: "Nature is God's living visible garment!" As we observe the beautiful changing leaves, it is also a reminder how we can change our ways of preserving nature, and our universe, by honoring Pope Frances' desire to "care for our common home."

We also wish to acknowledge your efforts to assist us in celebrating our "150th Anniversary" of presence in America, and specifically in Cincinnati, with gratitude for the heroism and ingenuity of Sarah Peter, who traveled to our motherhouse requesting our Mother General to send Little Sisters to our city back in 1858.

We ask your prayers for safe travels as our present Mother General visits our Homes in Chile, Argentina and Peru. We also ask your prayers for the three young women who are spending time with us in our Home in Chicago as they discern their call to religious life. Together let us continue our prayers for an increase of priestly and religious vocations.

We wish to acknowledge in a special way all of you who joined us on August 30 for the closing of our 150th anniversary celebration. Our dear Residents were thrilled to see the presence of the Knights of Columbus, who helped create an atmosphere of solemnity.

Be assured of our prayerful support for you and your loved ones as you help us to continue our apostolate to God's elderly. What better way to end with these words! "Love is God's shadow in our universe." Enjoy the foliage!

Thankfully,

Sr. Marie

Sr. Marie Edward
Mother Superior

OUR NEEDS

Our needs are constantly changing as new projects arise. We have recently updated our Wish List on our website with all the current items we are looking for as we head into the Holiday season!

Visit www.littlesistersofthepoorcincinnati.org/wish-list/

VOLUNTEER OPPORTUNITIES

Office work, events, dog-walking, kitchen prep/help, drivers for off-site events, and so much more!

We need your help.

Weekly and intermittently.

Please contact Darla Freeman

513-281-8001 or admscincinnati@littlesistersofthepoor.org



SAVE THE DATE

November 8 & 9

Christmas Boutique

St. Paul's Home – 10 a.m. – 4 p.m.

Join us for affordable gifts and Holiday décor to benefit the Activity Department. Baked goods and more for sale!

December 3

#GivingTuesday

Giving Tuesday is a national day of giving the Tuesday after Black Friday. More details to come!

December 15

Tajci Concert

St. Paul's Home – 2 p.m.

Join us for an afternoon of music from Tatiana "Tajci" Cameron. Award winning artist, singer/songwriter.

February 29, 2020

Rock-A-Thon

St. Paul's Home – 1 p.m. - 4 p.m.

The Rock-A-Thon is back! Join in as a rocker or sponsor a rocking group or chair. Check back with us after Christmas for more details!